**Net weight**

is the base weight of a product by itself. It is probably the term most people are familiar with, as they encounter it daily on food packaging. The net weight of a can beans is only the weight of the beans themselves and does not include the weight of the can. Once products are packaged into bags, cans or boxes, the additional weight of the packing material is added onto the net weight to obtain the total gross weight.

**Gross Weight**

The gross weight of a shipping container, a trailer or a package is the weight of the cargo plus the weight of the container, trailer, shipment or packaging. The gross weight equals the net weight plus the tare weight.